

DATTATREYA:

SONG OF THE AVADHUT

An English Translation

Of The Avadhut Gita

(With Sanskrit Transliteration)

Translated by Swami Abhayananda

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by Swami Abhayananda

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INTRODUCTION

The Song Of The Avadhut

Of all the mystical treatises of ancient Indian literature, the Avadhut Gita, or "Song Of The Avadhut," is one of the most eloquent and compelling. Its theme is the unitive knowledge obtained through mystical vision, the knowledge of the eternal Self. This knowledge is not limited to the mystics of any one cultural tradition but is universal among all those who have attained to mystical vision. Men and women of all lands and all religious persuasions have experienced first-hand the eternal Reality and realized It to be their own essential Identity. Some of the best-known representatives of this universal knowledge are the Upanishadic *rishis* and Shankaracharya of the Vedantic tradition, al-Hallaj and Jalaluddin Rumi of the Sufi tradition, Shakyamuni and Ashvagosha of the Buddhist tradition, and Meister Eckhart and Juan de la Cruz of the Christian tradition. All have expressed the revealed knowledge of their identity with the one eternal Reality, and declared, in one way or another, their agreement with the words of the Christian saint, Catherine of Genoa, "My Me is God, nor do I recognize any other Me except my God Himself."

Throughout history, it has been the contention of the mystics of all cultural traditions that the "vision of God" reveals man's essential oneness with Absolute Being, awakening him to his true, eternal Identity. Prior to such divine illumination, say these mystics, man suffers under the mistaken illusion that he is a limited and finite being, separate and distinct from other beings, who possesses his own individual identity. The dispelling of this illusion is called in different mystical traditions by different names, such as "enlightenment," "union with God," "liberation," "salvation," etc.; but it is, despite the various names, the same experience, the same knowledge that is revealed to all who have obtained the mystical vision.

Previous to the revelation of our absolute Identity, we live in confident

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certainty of our (illusory) individuality, regarding as "self" that kaleidoscope of transient mental impressions which is presented to our conscious awareness. But, say the mystics, this superficial play of thoughts, memories, sense impressions, upon the screen of awareness is but a mirage. It is the screen, the awareness itself, that is our true identity. It is that unchanging consciousness, the eternal witness of all movements of thought and appearance, which is who we really are. It is *That* which is our real, our only, Self.

The Song Of The Avadhut is one of the most sublime and uncompromising statements of this mystically perceived truth ever penned. Certainly, it is of Indian origin and is in the tradition of the *Upanishads*, the *Bhagavad Gita*, the writings of Shankaracharya, and all those other scriptural treatises of India which may be classified as "Non-Dualistic Vedanta"; but it is an error to regard it as merely the expression of a particular philosophical school or religious faith. Its similitude to all those Non-Dualistic treatises preceding it is dependent, not upon a common learned tradition, but upon a common direct experience. The author of the *Avadhut Gita* was enlightened by the same direct revelation which inspired the *Upanishads*, the *Bhagavad Gita*, and other such works. It must be read, therefore, not as the reiteration of a conceptual position, or as an argument for the Vedantic viewpoint, but as the sharing by an illumined sage of directly revealed truth. His aim in this sharing is not to convince us, but to awaken us to the truth, and liberate us from error.

The *Avadhut Gita* is a call to knowledge, the supreme knowledge of ultimate Truth. The Avadhut holds out no compromise with illusion, he offers no foothold on separation, he allows no semblance of duality at all to creep into our perception of reality. Perhaps his knowledge is, for mere man, too sublime, too austere, too simplistic; but it *is* the knowledge of the ultimate, indisputable Truth of existence; and it is this very Truth which has the power to make us free.

The Author

The author of the *Avadhut Gita* was most certainly a Self-realized yogi and a master of Sanskrit verse; beyond that, we know very little. His Song has had many forerunners and many reaffirmations over the centuries; yet, of all the many such declarations of the knowledge of the one Self, none is more eloquent and compelling, none more convincing and illuminating, than this. Whoever the author of the Avadhut's Song might have been, there is no doubt that he was a great teacher, one truly established in the certainty of his supreme Identity. It is not only the profundity and genuineness of his vision, but the poetic beauty of his Song as well that has made it a source of joy and inspiration to his grateful readers over the years.

The author of the *Avadhut Gita* does not refer to himself by name, but at the end of each chapter, we are told that it was written by Sri Dattatreya. It is probable that this attribution is a later accretion, added to lend weight and credence to the utterances therein, and to insure their promulgation. The legendary Dattatreya of ancient mythology was said to have been an incarnation of Vishnu, born to the sage, Atri and his chaste wife, Anasuya; but as to whether such a person actually lived and what were the factual details of his life we know nothing at all. According to legend, he received the epithet of "Avadhut" when he renounced his royal heritage to become a wandering ascetic, living naked and free, far from the distractions of worldly men. The word, *Avadhut*, has become a generic term for all those homeless ascetics and yogis of India who live the life of total renunciation, unconcerned with the world and its "civilized" conventions, in order to remain concentrated on and identified with the eternal Self.

The actual date of authorship of the *Avadhut Gita* is unknown, but, judging by its terminology and style, it appears to have been written, not in the millennia prior to the Current Era, as legend would have it, but sometime around the 9th or 10th centuries of our Current Era. This does not, of course, preclude the possibility of an oral transmission to that point in time. Its theme is the same as that of the *Upanishads*, the *Bhagavad Gita*, and the

writings of all illumined seers: the Self. It speaks, not of the soul or of God, but speaks rather from the experiential awareness in which that subject-object relationship no longer exists. It is a song of the final, ultimate, and irreducible Reality realized as *I*.

While his outlook is non-sectarian and iconoclastic, he frequently uses such terms as "Shiva," "Brahman," and "Purusha" to represent the absolute Self; but he uses these terms only to demonstrate their inadequacy. His intention is to demolish all sense of duality arising from the concept of a "God" separate from one's own Self, one's own essential Being. His outlook is identical, in fact, with that of the great Shankaracharya, who lived around the same period. Indeed, the Avadhut's Song is virtually indistinguishable from some of the writings of the illustrious *acharya*. Both sang of the need to recognize Brahman-Shiva-Purusha as the *Atman*, or Self; both asserted that the final spiritual attainment was identification with the Absolute, recognizing no other deity but the eternal *I*. Dualistic devotion might indeed lead one to knowledge of the Self, but from that point on, it becomes necessary to abandon all illusory dualities, and to become established in the awareness, *aham brahmasmi* ("I am Brahman") or *shivoham* ("I am Shiva").

To be sure, few men are capable of reaching such heights of knowledge, and fewer still are capable of sustained endurance in the rarified atmosphere at such altitudes of awareness. For this reason, a guide such as the Avadhut is most necessary and comforting to us. He leads us, confidently upward, over the rugged terrain of thought, and into the remote realms of unconditioned awareness. As we follow him into the dizzying heights of unitive knowledge, we are privileged to share in some measure his exalted state. Reading only a few verses of the Avadhut's Song, our minds are immediately lifted to a realm of immeasurable calm and certainty. A few more verses, and we've become immoveable, invincible, unruffled, secure once more in the recalled knowledge of our own eternal Self, which, somehow, we had forgotten. Thus, simply by reading the words of this master guide, we are lifted into the freedom and exultation of his pure awareness and made capable of tasting a little of the sweet nectar of our own intrinsic bliss.

The Translation

The author of the *Avadhut Gita* expressed his thought in an extremely compacted form, utilizing several very brief and concise poetic metres. The meaning of the verses is therefore so condensed that the reader or translator is required, in many instances, to supply for himself the meat of the meaning to the bare bones which are provided. For this reason, a number of quite differently interpreted translations have been produced from the same Sanskrit text. In attempting a translation of this work, therefore, a certain familiarity with the thought of the Avadhut, and his state of awareness, is a greater asset than a purely linguistic competence.

I have attempted, in my own translation of this work, to adhere very closely to the literal meaning of the text, while at the same time taking certain liberties in order to bring out the full intent of the author's words. Moreover, I have assumed the burden of retaining as much as possible the poetic and rhythmic form of the original. My own translation is therefore also very compressed, requiring some additional elucidation of the text to be appended in the Notes. But I have aimed throughout to provide a readable English facsimile of the original, with as little dependence on extraneous notation as possible.

I have included the original transliterated Sanskrit alternating with the English translation as a reference for the casual student of Sanskrit terminology; but even those with no familiarity with Sanskrit will find it interesting and fascinating, I think, to read aloud the transliterated Sanskrit for its exquisite evenness of poetic rhythms and its hypnotic symphony of sounds. Even without knowledge of their meaning, one can sense from a reading of these Sanskrit verses, the almost superhuman poetic genius of their author, and the powerful audial effect of the work as a whole.

— Swami Abhayananda

The fool thinks, "I am the body."

The intelligent man thinks, "I am an individual soul united with the body."

But the wise man, in the greatness of his knowledge and spiritual discrimination, sees the Self as the only reality, and thinks, "I am Brahman."

Sri ShankaracharyaVivekachudamani

The Song of The Avadhut



Chapter One - Prathamodhyayah

1.

ishvaranugrahad-eva pumsam advaita vasana mahadbhaya paritranat vipranam upajayate



Truly, it is by the grace of God
That the knowledge of Unity arises within.
Then a man is released at last
From the great fear of life and death.

2.

yenedam puritam sarvam atmanaivatman atmani nirakaram katham vande hyabhinnam shivam avyayam



All that exists in this world of forms
Is nothing but the Self, and the Self alone.
How, then, shall the Infinite worship Itself?
Shiva is one undivided Whole!

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panchabhutatmakam vishvam marichi-jala sannibham kasyapyaho namas-kuryam aham eko niranjanah



The five subtle elements that combine to compose this world
Are as illusory as the water in a desert mirage;
To whom, then, shall I bow my head?
I, myself, am the stainless One!

4.

atmaiva kevalam sarvam bhedabhedo na vidyate asti nasti katham bruyam vismayah pratibhati me



Truly, all this universe is only my Self; It is neither divided nor undivided. How can I even assert that it exists? I can only view it with wonder and awe!

vedanta-sara-sarvasvam jnanam vijnanam eva cha aham atma nirakarah sarvavyapi swabhavatah



What, then, is the heart of the highest truth, The core of knowledge, the wisdom supreme? It is, "I am the Self, the formless One; By my very nature, I am pervading all."

6.

yo vai sarvatmako devo niskalo gaganopamah swabhava-nirmalas shuddah sa evaham na samshayah



That one God who shines within everything, Who is formless like the cloudless sky, Is the pure, stainless, Self of all. Without any doubt, that is who I am.

aham eva vyayonantah shuddha-vijnana-vigrahah sukham duhkham na janami katham kasyapi vartate



I'm the infinite and immutable One; I'm pure Consciousness, without any form. I don't know how, or to whom, Joy and sorrow appear in this world.

8.

na manasam karma shubhashubham me na kayikam karma shubhashubham me na vachikam karma shubhashubham me jnanamritam shuddham atindriyoham



I have no mental karma, either good or bad; I have no physical karma, either good or bad. I have no verbal karma, either good or bad. ¹ I'm beyond the senses; I'm the pure nectar of the knowledge of the Self.

mano vai gaganakaram mano vai sarvato mukham manatitam manah sarvam na manah paramarthatah



The mind is formless like the sky,
Yet, it wears a million faces.
It appears as images from the past, or as worldly forms;
But it is not the supreme Self.

10.

aham ekam idam sarvam vyomatitam nirantaram pashyami katham atmanam pratyaksham va tirohitam



I'm One; I'm all of this!
Yet I'm undifferentiated, beyond all forms.
How, then, do I regard the Self?
As both the Unmanifest *and* the manifest world.

twam evam ekam hi katham na buddhyase samam hi sarveshu vimrishtam avyayam sadoditosi twam akhanditah prabho diva cha naktam cho katham hi manyase

8

You, also, are the One! Why don't you understand?
You're the unchanging Self, the same within everyone.
You're truly illimitable; you're the all-pervading Light.
For you, how can there be any distinction between the day and the night? ²

12.

atmanam satatam viddhi sarvatraikam nirantaram aham dhyata param dhyeyam akhandam khandyate katham



Understand that the Self is continuous Being,
The One within all, without any division.
The "I" is both the subject and the supreme object of meditation;
How can you see two in That which is One?

na jato no murtosi twam na te dehah kadachana sarvam brahmeti vikhyatam braviti bahudha shrutih



Neither birth nor death pertain to you; You have never been a body. It is well known that "All is Brahman"; The scriptures have stated this in various ways.

14.

sa bahyabhyantarosi twam shivah sarvatra sarvada itas tatah katham bhrantah pradhavasi pishachavat



You are *That* which is both inside and out; You're Shiva; you're everything everywhere. Why, then, are you so deluded? Why do you run about like a frightened ghost?

samyogash cha viyogash cho vartate na cha te na me na twam naham jagan nedam sarvam atmaiva kevalam

8

There's no such thing as union or separation for me or for you.

There is no me, no you, no manifold world;

All is the Self, and the Self alone.

16.

shabdadi panchakasyasya naivasi twam na te punah twam eva paramam tattvam atah kim paritapyase



You can't be heard, or smelled, or tasted; You can't be seen, or sensed by touch. Truly, you're the ultimate Reality; Why, then, should you be troubled so?

janma murtyuh na te chittam bandha mokshas shubhashubhau katham rodishi re vatsa nama rupam na te na me



Neither birth, nor death, nor the active mind, Nor bondage, nor liberation, affects you at all. Why then, my dear, do you grieve in this way? You and I have no name or form.

18.

aho chitta katham bhrantah pradhavasi pishachavat abhinnam pashya chatmanam raga-tyagat sukhi bhava



O mind, why are you so deluded?
Why do you run about like a frightened ghost?
Become aware of the indivisible Self!
Be rid of attachment; be happy and free!

twam eva tattvam hi vikara-varjitam niskampam ekam hi vimoksha-vigraham na te cha rago hyatha va viragah katham hi santapyasi kama-kamatah



Truly, you're the unchanging Essence of everything; You're the unmoving Unity; you're boundless Freedom. You have neither attachment nor aversion; Why, then, do you worry and succumb to desire?

20.

vadanti shrutayah sarvah nirjunam shuddham avyayam ashariram samam tattvam tan mam viddhi na samshayah



All the scriptures unanimously declare
That the pure, formless, undifferentiated Reality
Is the Essence of all forms.
There is absolutely no doubt about this.

sakaram anritam viddhi nirakaram nirantaram etat tatvopadeshena na punar-bhava sambhavah



All forms, understand, are only temporary manifestations;
Only the formless Essence eternally exists.
Once this truth is realized,
There's no more necessity to be reborn.

22.

ekam eva samam tattvam vadanti hi vipashchitah raga-tyagat punah chittam ekanekam na vidyate



The one Reality is ever the same;
This is what all the wise men say.
Whether you embrace or renounce desires,
The one Consciousness remains unaffected.

anatma-rupam cha katham samadhih atma-swarupam cha katham samadhih astiti nastiti katham samadhih moksha-swarupam yadi sarvam ekam



If you see the world as other than the Self,
can that be the experience of Unity?

If you see it as the Self, can that be the experience of Unity?

If it's seen as both the Self and not the Self,
can that be the experience of Unity?

The true state of freedom is to see everything as One.

24.

vishuddhosi samam tattvam videhas twam ajovyayah janamiha najanamit yatmanam manyase katham



You are the pure Reality, always the same; You have no body, no birth and no death. How, then, can you say, "I know the Self"? Or how can you say, "I don't know the Self"?

tattvamasyadi vakyena swatma hi pratipaditah neti neti shrutir bruyat anritam pancha-bhautikam

8

The saying, "That thou art,"

Affirms the reality of your own true Self.

The saying, "Not this, not this,"

Denies the reality of the five composite elements. 3

26.

atmanyevatmana sarvam twaya purnam nirantaram dhyata dhyanam na te chittam nirlajjah dhyayate katham



The Self is the identity of everyone;
You are everything, the unbroken Whole.
The thinker and the thought do not even exist!
O mind, how can you go on thinking so shamelessly!

shivam na janami katham vadami shivam na janami katham bhajami aham shivash chet paramartha-tattvam sama-swarupam gaganopamam cha



I do not know Shiva; how can I speak of Him? I do not know Shiva; how can I worship Him? I, myself, am Shiva, the primal Essence of all; My nature, like the sky, remains ever the same.

28.

aham tattvam samam tattvam kalpana-hetu-varjitam grahya-grahaka-hi-muktam swasamvedham katham bhavet



I am the Essence, the all-pervading Essence; I have no form of my own. I'm beyond the division of subject and object; How could I possibly be an object to myself? ananta-rupam na hi vastu kim chit tattva-swarupam na hi vastu kim chit atmaika-rupam paramartha-tattvam na himsako vapi chachapyahimsa



There's no such thing as an infinite form;
The infinite Reality has no form of its own.
The one Self, the supreme Reality,
Neither creates, nor sustains, nor destroys anything.

30.

vishuddhosi samam tattvam videham ajam avyayam vibhramam katham atmarthe vibhrantoham katham punah



You are that pure and unchanging Essence; You have no body, no birth, and no death. For you, how could such a thing as delusion be? How could delusion exist for the Self? ghate bhinne ghatakasham sulinam bheda-varjitam shivena manasa shuddho na bhedah pratibhati me



When a jar is broken, the space that was inside Merges into the space outside. In the same way, my mind has merged in God; To me, there appears no duality.

32.

na ghato na ghatakasho no jivo jiva-vigrahah kevalam brahma samviddhi vedya-vedaka-varjitam



Truly, there's no jar, no space within; There's no body and no soul encased. Please understand; everything is Brahman. There's no subject, no object, no separate parts. sarvatra sarvada sarvam atmanam satatam dhruvam sarvam shunyam ashunyam cha tan mam viddhi na samshayah

8

Everywhere, always, and in everything, Know this: the Self alone exists. Everything, both the Void and the manifested world, Is nothing but my Self; of this I am certain.

34.

vedah na lokah na sura na yajnah varnashramo naiva kulam na jatih no dhuma-margo na cha dipti-margo brahmaika-rupam paramartha-tattvam



There are no divine scriptures, no world, no imperative religious practices;

There are no gods, no classes or races of men,

No stages of life, no superior or inferior;

There's nothing but Brahman, the supreme Reality.

vyapya-vyapaka-nirmuktam twam ekah saphalam yadi pratyaksham chaparoksam cha atmanam manyase katham



The subject and object are unseparated and inseparable;
That undivided One is you.
When this is so, when no "other" exists,
How could the Self be objectively perceived?

36.

advaitam kecid icchanti dvaitam icchanti chapare samam tattvam na vindanti dvaitadvaita-vivarjitam



Non-duality is taught by some;
Some others teach duality.
They don't understand that the all-pervading Reality
Is beyond both duality and non-duality.

shvetadi-varna-rahitam shabdadi-guna-varjitam kathayanti katham tattvam manovacham agocharam



There is no color or sound to the one Reality;
It has no qualities at all.
How can one even think or speak of *That*Which is far beyond both mind and speech?

38.

yadanritam idam sarvam dehadi gaganopamam tada hi brahma samvetti na te dvaita-parampara



When you know all this universe of forms

To be as vacant as the sky,

Then you'll know Brahman;

Duality will forevermore cease to be.

parena sahajatmapi hyabhinnah pratibhati me vyomakaram tathaivaikam dhyata dhyanam katham bhavet



To some, the Self appears as *other*;

To me, the Self is *I*.

Like undivided space, One alone exists.

How, then, could the subject and object of meditation be two?

40.

yat karomi yad ashnami yaj juhomi dadami yat etat sarvam na me kim chit vishuddhoham ajovyayah



Nothing of what I do or eat,
Or give or take,
Exists for me;
I'm Purity itself, beyond birth and death.

sarvam jagad viddhi nirakirtidam sarvam jagad viddhi vikara-hinam sarvam jagad viddhi vishuddha-deham sarvam jagad viddhi shivaikarupam

8

Know that the whole of the universe is without any form.

Know that the whole of the universe is forever unchanging.

Know that the whole of the universe is unstained by its contents.

Know that the whole of the universe is of the nature of God.

42.

tattvam twam na hi sandhah kim janamyathava punah asamvedyam swasamvedyam atmanam manyase katham



You are the ultimate Reality; have no doubt.
The Self is not something known by the mind;
The Self is the very one who knows!
How, then, could you think to know the Self?

maya maya katham tata chaya chaya navidyate tattvam ekam idam sarvam vyomakaram niranjanam



Maya? Maya? How could that be? A shadow? A shadow? It doesn't exist. The Reality is One; it's everything. It's all-pervasive; nothing else exists. 4

44.

adi-madhyanta-muktoham na boddhoham kadachana swabhava-nirmalas shuddhah iti me nischita matih



I have no beginning, middle, or end; I have never been, nor will ever be, bound. My nature is stainless; I'm Purity itself. This I know as a certainty.

mahad-adi jagat sarvam na kim chit pratibhati me brahmaiva kevalam sarvam katham varnashrama-sthitih



To me, neither the elemental particles
Nor the entire universe exists;
Brahman alone is everything.
Where, then, are the castes or the stages of life?

46.

janami sarvatha sarvam eko tattva nirantaram niralambam ashunyam cha shunyam vyomadi-panchakam



I always recognize everything
As the one indivisible Reality.
That undivided One constitutes the world,
The Void, all space, and the five elements.

na sando na puman na stri na bodho naiva kalpana sanando va niranandam atmanam manyase katham

8

It's neither neuter, nor masculine, nor feminine.
It possesses neither intellect nor the power of thought.
How, then, can you imagine that the Self
Is either blissful or not blissful?

48.

sadanga yogan na tu naiva shuddham mano-vinashan na tu naiva shuddham gurupadeshan na tu naiva shuddham swayam cha tattvam swayam eva buddham



The practice of yoga will not lead you to purity;
Silencing the mind will not lead you to purity;
The Guru's instructions will not lead you to purity;
That purity is your Essence. It's your very own Consciousness!

na hi panchatmako bhedo videho vartate na hi atmaiva kevalam sarvam turiyam cha trayam katham



Neither the gross body, consisting of five elements,
Nor the subtle body exists;
Everything is the Self alone.
How, then, could the fourth state or the other three states exist? ⁵

50.

na baddho naiva muktoham na chaham brahmanah prithak na karta na cha bhoktaham vyapya-vyapaka-varjitah



I am not bound, nor am I liberated;
I'm Brahman, and nothing else.
I'm not the doer, nor am I the enjoyer;
I do not pervade anything, nor am I pervaded.

yatha jalam jale nyastam salilam bheda-varjitam prakritim purusham tadvad abhinnam pratibhati me



If ice and water are mixed together,
There is no difference between one and the other.
It is the same with matter and spirit; 6
This is very clear to me.

52.

yadi nama na muktosi na baddhosi kadachana sakaram cha nirakaram atmanam manyase katham



If I've never been bound,
I can never be liberated.
How could you think that the Self —
With form or without — could be bound?

janami te param rupam pratyaksham gaganopamam yatha param hi rupam yan marichi-jala-sannibham



I know the nature of the one supreme Being; Like space, It extends everywhere. And all the forms that appear within It Are like the (illusory) water of a desert mirage.

54.

na guruh nopadeshas cha na chopadhir na me kriya videham gaganam viddhi vishuddhoham swabhavatah



I have neither Guru nor initiation;
I have no discipline, and no duty to perform.
Understand that I'm the formless sky;
I'm the self-existent Purity.

vishuddhosya shariro si na te chittam parat param aham chatma param tattvam iti vaktum na lajjase

8

You are the one Purity! You have no body.
You are not the mind; you're the supreme Reality.
"I'm the Self, the supreme Reality!"
Say this without any hesitancy.

56.

katham rodishi re chitta hyatmaivatmatmana bhava piba vatsa kalatitam advaitam paramamritam



Why do you weep, O mind? Why do you cry?

Take the attitude: "I am the Self!"

O dear one, go beyond the many!

Drink the supreme nectar of Unity!

naiva bodho na chobodho na bodhabodha eva cha yasyedrisah sada bodhah sa bodho nanyatha bhavet



You do not possess intelligence, nor do you possess ignorance;
Nor do you possess a mixture of these two.
You are, yourself, Intelligence —
An Intelligence that never ceases, never strays.

58.

jnanam na tarko na samadhi yogo na desha-kalau na gurupadeshah swabhava-samvittir aham cha tattvam akasha-kalpam sahajam dhruvam cha



I'm not attained by knowledge, or *samadhi*, or yoga, Or by the passage of time, or the Guru's instructions; I'm Consciousness Itself, the ultimate Reality.

Like the sky, though I change, I am ever the same.

na jatoham murto vapi na me karma shubhashubham vishuddham nirgunam brahma bandho muktih katham mama

8

I have no birth, no death, and no duties;
I've never done anything, either good or bad.
I'm purely Brahman, beyond all qualities;
How could either bondage or liberation exist for me?

60.

yadi sarva-gato devah sthirah purnah nirantarah antaram hi na pashyami sabahyantarah hi katham



If God is all-pervading,
Immovable, whole, without any parts,
Then there is no division in Him at all.
How, then, could He be regarded as "within" or "without"?

sphuratyeva jagat kirtsnam akhandita-nirantaram aho maya maha-moho dvaitadvaita-vikalpana



The whole universe is shining as One,
Without any split or break, or separate parts.
The idea of "Maya" is itself the great delusion;
Duality and Non-duality are merely concepts of the mind.

62.

sakaram cha nirakaram neti netiti sarvada bhedabheda-vinirmukto vartate kevalah shivah



The world of form and the formless Void:

Neither of these exists independently.

In the One, there is neither separation nor union;

Truly, there is nothing but Shiva alone.

na te cha mata cha pita cha bandhuh na te cha patni na sutas cha mitram na pakshapato na vipakshapatah katham hi santaptir iyam hi chitte



You have no mother, or father, or brother; You have no wife, or son, or friend. You have no attachments or non-attachments; How, then, do you justify this anxiety of mind?

64.

diva naktam na te chittam udayastamayau na hi videhasya shariratvam kalpayanti katham budhah



O mind, there is neither the day (of manifestation) nor the night (of dissolution);
My continuous Light neither rises nor sets.
How could a wise man sincerely believe
That the formless Existence is affected by forms?

na vibhaktam vibhaktam cha nahi duhkha-sukhadi cha na hi sarvam asarvam cha viddhi chatmanam avyayam



It is not undivided, nor is It divided;
It experiences neither sorrow nor joy.
It is not the universe, nor is It not the universe;
Understand that the Self is eternally One.

66.

naham karta na bhokta cha na me karma puradhuna na me deho videho va nirmameti mameti kim



I'm not the doer, nor am I the enjoyer; I have no karma, either present or past. 8
I have no body, nor are all these bodies mine.
What could be "mine" or "not-mine" to me?

na me ragadiko dosho duhkham dehadikam na me atmanam viddhi mam ekam vishalam gaganopamam



In me, there is no impurity such as attachment;
There is no bodily pain for me.
Understand that I'm the Self; I'm Unity.
I'm vast as space, like the sky above.

68.

sakhe manah kim bahu jalpitena sakhe manah sarvam idam vitarkyam yat sara-bhutam kathitam maya te twam eva tattvam gaganopamosi



O mind, my friend, what's the good of so much speaking?
O mind, my friend, all of this has been made quite clear.
I've told you what I know to be true;
You're the ultimate Reality. You're unbounded, like space.

yena kenapi bhavena yatra kutra murta api yoginah tatra liyante ghatakasham ivambare



It doesn't matter where a yogi may die;
It doesn't matter how he may die.
He becomes absorbed in the Absolute,
As the space within a jar becomes absorbed
(in the outer space when the jar is destroyed).

70.

tirthe chantyaja-hehe va nashta-smurtir api tyajan sama-kale tanum muktah kaivalya-vyapako bhavet



Whether he dies near a holy river,
Or in an outcaste's hut,
Whether he is conscious or unconscious at his death,
He merges into Freedom, into Unity, alone.

dharmartha-karma-mokshams cha dvipadadi-characharam manyante yoginah sarvam marichi-jala-sannibham

8

All duties, wealth, enjoyments, liberation —
All people and objects in the world as well —
Everything, in the eyes of a yogi,
Is like the (illusory) water in a desert mirage.

72.

atitanagatam karma vartamanam tathaiva cha na karomi na bhunjami iti me nishchala matih



There is no action,
Either present, future, or past,
Which has been performed or enjoyed by me.
This I know, without any doubt.

shunyagare samarasa-putah tishthanekah sukham avadhutah charati hi nagnah tyaktva garvam vindati kevalam atmani sarvam



The Avadhut lives alone in an empty hut;
With a pure, even mind, he is always content.
He moves about, naked and free,
Aware that all this is only the Self.

74.

tritaya turiyam nahi nahi yatra vindati kevalam atmani tatra dharmadharmo nahi nahi yatra baddho muktah katham iha tatra



Where neither the third state (deep sleep) nor the fourth state (samadhi) exists,
Where everything is experienced as the Self alone,
Where neither righteousness nor unrighteousness exists,
Could bondage or liberation be living there?

vindati vindati nahi nahi yatra chando-laksanam nahi nahi tatra samarasa-magno bhavita-putah pralapitam etat param avadhutah



In that state where one knows nothing at all, This versified knowledge does not even exist. So, now, while I'm in the state of *samarasa*, ⁹ I, the Avadhut, have spoken of the Truth.

76.

sarva-shunyam ashunyam cha satyasatyam na vidyate ekatma swabhavah proktam shastra-samvitti-purvakam



It is meaningless to differentiate between the Void and the world-appearance;
It's pointless to speak of "the Real" and "the unreal";
One Self, unchanging, exists alone.
This is what all the scriptures declare.

iti shri dattatreya virachitayam avadhuta-gitayam atma-samvittiupadesho nama prathamodhyayah



In this composition by Shri Dattatreya
Called Song of The Avadhut,
In this "Instruction On The Wisdom of The Self,"
This is the First Chapter.



Chapter Two - Dvitiyodhyayah

1.

balasya va sishaya-bhoga-ratasya vapi murkhasya sevaka-janasya griha-sthitasya etad-guroh kim api naiva vichintaniyam ratnam katham tyajati kopyashuchau pratistham



You may be young, unlearned, and addicted to pleasures; You may be a servant or a householder; it doesn't matter. Does a jewel require a Guru in order to be valuable? Or is it worthless simply because it's covered with mud?

2.

naivatra kavya-guna eva tu chintaniyo grahyah param gunavata khalu sara eva sindura chitra rahita bhuvi rupa-shunya param na kim nayati naur iha gantu-kaman



You may lack learning or literary skill; You don't require such qualities as these. Hold fast to the Truth, and let go of all else; Even an unpainted boat will take you across. prayatnena vina yena nishchalena chalachalam grastam swabhavatah shantam chaitanyam gaganopamam

8

The Self appears as both
The animate and the inanimate world;
Yet It always remains in Its own peaceful state;
It is always pure Consciousness, as calm as the sky.

4.

ayatnac chalayed yas tu ekam eva chacharam sarvagam tat katham bhinnam advaitam vartate mama



Though appearing as the animate and inanimate world,
The Self remains forever One.
Where, then, is the division?
There is no duality, it is clear to me.

aham eva param yasmat sarasarataram shivam gamagama-vinirmuktam nirvikalpam nirakulam



Indeed, I am the highest Truth! I'm Shiva! I contain the world, both subtle and gross.
I do not come, nor do I go.
I have no movement; I have no form.

6.

sarvavayava-nirmuktam tathaham tridasharchitam sampurnatvan na grinhami vibhagam tridashadikam



I'm unaffected by my component parts;
Therefore, though the gods may worship me,
In my perfect wholeness,
I recognize no distinctions such as gods.

parmadena na sandehah kim karisyami vrittivan utpadyante viliyante budbudas cha yatha jale



Neither doubt nor ignorance
Can cause the slightest ripple in me.
Let the modifications of the mind continue to occur;
They're merely bubbles rising to the surface of a pond.

8.

mahadadini bhutani samapyaivam sadaiva hi murdudravyeshu tikshneshu gudeshu katukeshu cha



The ephemeral elements that form all things Manifest in many different ways: Some things appear soft, others hard; Some things appear sweet, and others sour.

katutvam chaiva shaityatvam murddutvam cha yatha jale prakritih purushah tadvat abhinnam pratibhati me



The qualities of clearness, coldness, and softness
Are but qualities of water.
Likewise, matter and spirit (*prakriti* and *purusha*)
Are but qualities of the one Existence.

10.

sarvakhya-rahitam yad yat sukshmat sukshmataram param manobuddhindriyatitam akalankam jagatpatim



Beyond all speech, beyond all names, Beyond the subtlest of all subtle things; Beyond mind, intellect, and the five senses, The stainless Lord of the universe remains ever One.

idrisham sahajam yatra aham tatra katham bhave twam evahi katham tatra katham tatra characharam



If the universal Self becomes known,
How could "I" continue to be?
How could "you"
Or the sentient and insentient world still be?

12.

gaganopamam tu yat proktam tad eva gaganopamam chaitanyam dosha-hinam cha sarvajnam purnam eva cha



The Self is said to be like the sky.
Indeed, It is like the sky;
It's pure Consciousness, without any stain.
It is truly the all-embracing Whole.

prithivyam charitam naiva marutena cha vahitam varina pihitam naiva tejo-madhye vyavasthitam

8

It remains unaffected,
Though It takes the form of earth, air, water and fire.
Though It takes all these forms,
It remains always the same.

14.

akasham tena samvyaptam na tad vyaptam cha kenachit sa bahyabhyantaram tishthat yavacchinnam nirantaram



All infinite space is pervaded by the Self, But nothing else pervades the Self. It is simultaneously within and without; It cannot be limited or divided in parts.

suksmatvat tad adrishyatvat nirgunatvach cha yogibhih alambanadi yat proktam kramad alambanam bhavet



It's extremely subtle and cannot be seen;
It's primary to all qualities, the yogis say.
It is the state that underlies
All other temporary states of the mind.

16.

satatabhyasa-yuktas tu niralambo yada bhavet tal-layat-liyate nantar gunadosha-vivarjitah



By practicing yoga unceasingly,
Without attachment to anything,
Little by little, a yogi is freed
From all effects of the qualities (gunas).

visha-vishvasya raudrasya moha-murcha-pradasya cha ekam eva vinashaya hyamogham sahajamritam



Against the dreadful poison of worldly lust,
Which deludes men's minds,
There is only one antidote:
The nectarean awareness of the independent Self.

18.

bhava-gamyam nirakaram sakaram drishti-gocharam bhavabhava-vinirmuktam antaralam tad uchyate



The subtle images are seen within, And the manifold forms are seen without; But the independent Experiencer of both Is known by all seers as the inner Self.

bahya-bhavam bhaved vishvam antah prakritir uchyate antaradantaram jneyam narikela-phalambuvat



Experienced without, It's the universe;
Experienced within, It's the power of life.
And deep within that inner life
The real milk-of-the-coconut resides.

20.

bhranti-jnanam sthitam bahyam samyag jnanam cha madhyagam madhyan madhyataram jneyam narikela-phalambuvat



The outer knowledge is of the coconut's husk;
The subtler knowledge is of the meat within.
And concealed within that subtle core
Is the coconut-milk of Consciousness — the Self.

û 60

paurnamasyam yatha chandra eka evatinirmalah tena tat-sadrisham pashyet bheda-drishtih viparyayah



On a full-moon night, the moon is seen By unhazed eyes as one, alone. The Reality should also be seen this way; Where two are seen, that sight's impaired.

22.

anenaiva prakarena buddhi-bhedo na sarvagah data cha dhiratam eti giyate nama-kotibhih



Because there is one, and only one, The mind which perceives two is false. He who teaches this is truly great; He deserves a thousand accolades.

guru-prajna-prasadena murkho va yadi panditah yastu sambudhyate tattvam virakto bhava-sagarat



A Guru gives the gift of wisdom To both the wise and the foolish man;
But only he crosses over this ocean (of life)
Who attains the knowledge of Truth for himself.

24.

ragadvesha-vinirmuktah sarvabhuta-hite ratah dridha-bodhas cha dhiras cha sa gacchet paramam padam



He who is free from attachment, free from hate — Engaged in securing the good of all, Firm in knowledge and steady of mind — Will reach at last to the highest state.

ghate bhinne ghatakasha akashe liyate yatha dehabhave tatha yogi swarupe paramatmani



The space inside a jar merges in the space outside
When the jar is destroyed;
The yogi, when the body's destroyed,
Merges into the universal Consciousness — his own true Self.

26.

ukteyam karma-yuktanam matir yantepi sa gatih na chokta yoga-yuktanam matir yantepi sa gatih



The destiny of those devoted to action
Is the result of their thought at the end of their life;
But the destiny of a yogi established in Unity
Is not determined by his thought at the end.

ya gatih karma-yuktanam sa cha vagindriyad vadet yoginam ya gatih kvapi hyakathya bhavatorjita



One may express in speech
The destiny of those devoted to actions,
But the destiny of those established in yoga
Cannot be told; they go beyond speech.

28.

evam jnatva twamum margam yoginam naiva kalpitam vikalpa-marjanam tesham swayam siddhih pravartate



A yogi has no particular path;
He simply renounces imagining things.
His mind then ceases of its own accord,
And the perfect state just naturally occurs.

tirthe va antyaja gehe va yatra kutra murtopi va na yogi pashyate garbham pare brahmani liyate



Wherever a yogi may meet his end —
Whether beside a holy river or in an outcaste's hut —
His births are through;
He merges in Brahman.

30.

sahajam ajam achintyam yas to pashyet swarupam ghatati yadi yatheshtam libyate naiva dosaih sakrid api tadabhavat karma kim chin na kuryat tad api na cha vibaddah samyami va tapasvi



He who has realized the innate, unborn, incomprehensible Self Never becomes stained while enjoying the fruits of his desires; He remains always free of stain, free of karma. The ascetic, concentrated on the Self, is never bound. nirmayam nispratimam nirakritim nirashrayam nirvapusham nirashisam nirdvandva nirmoham alupta-shaktkam tam isham atmanamupaiti shashvatam



He goes beyond illusion, beyond comparison, beyond form, Beyond any support, beyond the body and its nourishment; Beyond duality, fear, desire, and powers, It's the Lord, the Self, the Eternal, he attains.

32.

vedo na kiksha na cha mundana-kriya gurur na shishyo na cha yatra sampadah mudradikam chapi na yatri bhasate tam isham atmanam upaiti shashvatam



It is not a Guru, or disciples, or bountiful treasures,
Or the practice of postures, or wearing of ashes;
It's the Lord, the Self, the Eternal, he attains.

na shambhavam shaktika-manavam na va pindam cha rupam cho padadikam na va arambha-nispatti ghatadikam cha no tam isam atmanam upaiti shashvatam



He does not envision the form of the great Shiva, or Shakti, or any other gods; He does not see kundalini, or light-forms, or the feet of God; Nor does he perceive his own soul, like a jar with its contents; It's the Lord, the Self, the Eternal, he attains.

34.

yasya svarupat sacharacharam jagad utpadyate tishthati liyatepi va payo-vikarad iva phena-budbudas tam isham atmanam upaiti shashvatam



That is the Essence from which the sentient and insentient universe is born; It is like the ocean which gives birth to the foam on its surface. It is *That* by which everything is maintained and dissolved; It's the Lord, the Self, the Eternal, he attains.

<u>û</u>

nasa-nirodho na cha drishtir asanam bodhopyabodhopi na yatra bhasate nadi-pracharopi na yatra kimchit tam isham atmanam upaiti shashvatam



His attainment is not breath-control, or fixed-stares, or yogic-postures;
Nothing becomes learned or unlearned at all.
His attainment is not the purification of the nerves;
It's the Lord, the Self, the Eternal, he attains.

36.

nanatvam ekatvam ubhatvam anyata anutva-dirghatva-mahatva-shunyata manatva-meyatva-samatva-varjitam tam isham atmanam upaiti shashvatam



He does not attain a "many" or a "One" that is separate from himself; It is not something *other*, like an object with length and breadth. It cannot be objectively proven, or compared with anything; It's the Lord, the Self, the Eternal, he attains.

û 68

susamyami va yadi va na samyami susangrahi va yadi va na sangrahi niskarmako va sakarmakah tam isham atmanam upaiti shashvatam



He may or may not attain concentration;
He may or may not attain freedom from the senses;
He may or may not abandon all actions;
It's the Lord, the Self, the Eternal, he attains.

38.

mano na buddhih na shariram indriyam tanmatra-bhutani na bhuta-panchakam ahamkritis chapi viyat-swarupakam tam isham atmanam upaiti shashvatam



Beyond mind, intellect, body, and sense-organs; Beyond the subtle elements, and the five gross elements; Beyond the sense of ego, and even the ethereal body; It's the Lord, the Self, the Eternal, he attains. vidhau nirodhe paramatmatam gate na yoginas chetasi bhedavarjite shaucham na vashaucham alingabhavana sarvam vidheyam yadiva nishidhyate



Transcending all dictates, he abides in the Self; His mind becomes free of the thought of duality. Neither purity, nor impurity, nor distinctions of sex, Nor fortune, nor misfortune, has any meaning for him.

40.

mano vacho yatra nashaktam iritum nunam katham tatra gurupadeshata imam katham uktavato guroh tad tad yuktasya tattvam hi samam pakashate



If the mind and speech can't reveal the Self,
How could the Guru's teachings reveal the Self?
How could a Guru reveal with words
That Essence of existence which is self-illuminating?

shri dattatreya virachitayam avadhuta-gitayam atma-samvittyupadesho nama dvitiyodhyayah



In this Song of The Avadhut composed by Shri Dattatreya, In this "Instruction On The Wisdom of The Self," This is the Second Chapter.



Chapter Three - Tritiyodhyayah

1.

guna-viguna-vighago vartate naiva kimchit rati-virati-vihinam nirmalam nisprapancham guna-viguna-vihinam vyapakam vishva-rupam katham aham iha vande vyoma-rupam shivam vai



The distinction between "with qualities" and
"without qualities" does not exist in Him;
He's beyond both attachment and non-attachment;
Stainless, He's beyond all forms.
He's beyond both qualities and the absence of qualities;
Though formless, He's the substance of all forms.
So how can I worship that Shiva, who exists everywhere, like space!

2.

shvetadi-varna-ratito niyatam shivas cha karyam hi karanam idam hi param shivas cha evam vikalparahitoham alam shivas cha swatmanam atmani sumitra katham namami



Shiva is not white or yellow; He has no color at all. That supreme Shiva is both the cause and the effect. Truly, I am beyond the process of thought; I'm Shiva. Tell me, friend, how can I bow the Self unto the Self?

nirmula-mula-rahito hi sadoditoham nirdhuma-dhuma-rahito hi sadoditoham nirdipa-dipa-rahito hi sadoditoham jnanamritam samarasam gaganopamoham



I'm neither beginningless nor with beginning; I'm a Sun that never sets. I'm neither concealed nor unconcealed; I'm a Sun that never sets. I'm neither illumined nor unillumined; I'm a Sun that never sets. I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

4.

niskama-kamam iha nama katham vadami nissanga-sangam iha name katham vadami nissara-sara-rahitam cha katham vadami jnanamritam samarasam gaganopamoham



I'm desireless, with desire; how shall I speak of that?
I'm unattached, with attachment; how shall I speak of that?
I have no substance, and yet I have; what shall I say of that?
I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

advaita-rupam akhilam katham vadami dvaita-swarupam akhilam hi katham vadami nityam twanityam akhilam hi katham vadami jnanamritam samarasam gaganopamoham



I'm undivided, yet I'm every separate form; what shall I say of that?
I'm divided, yet I'm in everything; what shall I say of that?
I'm both eternal and non-eternal; what shall I say of that?
I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

6.

asthulam hi no nahi krisham na gatagatam hi adyanta-madhya-rahitam na paraparam hi satyam vadami khalu vai paramartha-tattvam jnanamritam samarasam gaganopamoham



I'm neither gross nor subtle; I neither come nor go.
I have no beginning, end, or middle; I'm neither great nor small.
I'm telling all the secrets of the supreme Reality:
I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

samviddhi sarva-karanani nabho-nibhani samviddhi sarva-visayas cha nabho-nibhas cha samviddhi chaikam amalam na hi bandha-muktam jnanamritam samarasam gaganopamoham

8

Know well that all sense organs are made of emptiness; Know well that all sense-objects are, likewise, emptiness. Know well that I'm the stainless One; I'm neither bound nor free. I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

8.

durbodha bodha-gahano na bhavami tata durlakshya lakshya-gahano na bhavami tata asanna-rupa-gahano na bhavami tata jnanamritam samarasam gaganopamoham



I'm beyond the intellect and inaccessible to the intellect; it cannot reach to me.

I'm beyond vision, and inaccessible to vision; it cannot reach to me. I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

nishkarma-karma-dahano jvalano bhavami nirduhkha-duhkha-dahano jvalano bhavami nirdeha-deha-dahano jvalano bhavami jnanamritam samarasam gaganopamoham



I have no karma; I'm the sacrificial fire in which all karma's consumed. I have no sorrow; I'm the sacrificial fire in which all sorrow's consumed. I have no craving; I'm the sacrificial fire in which all craving's consumed. I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

10.

nishpapa-papa-dahano hi hutashanoham nirdharma-dharma-dahano hi hutashanoham nirbandha-bandha-dahano hi hutashanoham jnanamritam samarasam gaganopamoham



Sinless, I consume all sins; I'm the sacrificial fire.

Dutiless, I consume all duties; I'm the sacrificial fire.

Boundless, I consume all bondage; I'm the sacrificial fire.

I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

nirbhava-bhavarahito na bhavami vatsa niryoga-yoga-rahito na bhavami vatsa nishchitta-chitta-rahito na bhavami vatsa jnanamritam samarasam gaganopamoham



I'm beyond non-existence and beyond existence; these don't pertain to me.

I'm beyond both union and separation; these don't pertain to me.

I'm beyond both unconsciousness and consciousness;

these don't pertain to me.

I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

12.

nirmoha-moha-padavita na me vikalpah nishoka-shoka-padaviti na me vikalpah nirlobha-lobha-padaviti na me vikalpah jnanamritam samarasam gaganopamoham



I'm never swayed by attraction or repulsion; I never imagine these.
I'm never swayed by happiness or grief; I never imagine these.
I'm never swayed by passion or dispassion; I never imagine these.
I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

samsara-santati-lata na cha me kadachit samtosa-santati-sukhe na cha me kadachit ajnana-bandhanam idam na cha me kadachit jnanamritam samarasam gaganopamoham



The clinging-vine of worldly existence cannot affect me at all.

Contentment and pleasures, however many, cannot affect me at all.

The bondage of ignorance —this world of appearance —

cannot affect me at all.

I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

14.

samsara-santati-rajo na cha me vikarah santapa-santati-tamo na cha me vikarah satvam swadharma-janakam na cha me vikarah jnanamritam samarasam gaganopamoham



The worldly turmoil produced by rajo-guna has no affect on me.

The suffering produced by tamo-guna has no affect on me.

The pleasure of righteousness produced by sattva-guna has no affect on me.

I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

santapa-duhkha-janako na vidhi kadachit santapa-yoga-janitam na manah kadachit yasmad ahankritir iyam na cha me kadachit jnanamritam samarasam gaganopamoham

8

Neither troubles, nor sorrows, nor pleasures have any affect on my intellect; Nor can the difficulties attending yoga have any affect on my mind. Whatever may happen to stir up the ego cannot affect me at all. I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

16.

nishkampa-kampa-nidhanam na vikalpa-kalpam svapna-prabodha-nidhanam na hitahitam hi nissara-sara-nidhanam na characharam hi jnanamritam samarasam gaganopamoham



I've put an end to both wavering and unwavering;
I don't even imagine thought.
I've put an end to both dreaming and waking;
I neither sleep nor wake.
I've put an end to animate and inanimate;
I'm neither moving nor still.
I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

no vedya-vedakam idam na cha hetu-tarkyam vachamagocharam idam na mano na buddhih evam katham hi bhavatah kathayami tattvam jnanamritam samarasam gaganopamoham



I'm not the knower, nor something to be known;
nor am I the cause of knowledge.
I'm beyond the realm of speech, the mind and the intellect;
How could the ultimate Reality ever be described by words?
I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

18.

nirbhinna-bhinna-rahitam paramartha-tattvam antar bahir na hi katham paramartha-tattvam prak sambhavam na cha ratam na hi vastu kimchit jnanamritam samarasam gaganopamoham



I'm beyond both division and non-division; I'm the absolute Reality.
Within? Without? How could I be? I'm the absolute Reality.
I was never created; I'm not an object with substance.
I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

ragadi-dosa-rahitam twaham eva tattvam daivadi-dosa-rahitam twaham eva tattvam samsara-shoka-rahitam twaham eva tattvam jnanamritam samarasam gaganopamoham

8

I'm beyond the sorrows of attachment; I'm the one Reality.
I'm beyond the sorrows of destiny; I'm the one Reality.
I'm beyond the sorrows of worldly existence; I'm the one Reality.
I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

20.

shana-trayam yadi cha neti katham turiyam kala-trayam yadi cha neti katham disas cha santam padam hi paramam paramartha-tattvam jnanamritam samarasam gaganopamoham



Since I am not the first three states of mind, how could I be the fourth (samadhi)?

Since I am not any of the three kinds of time, how could I be a fourth? ¹⁰ I'm the root of serenity, the primal serenity; I'm the absolute Reality. I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

dirgho laghuh punar itiha na me vibhagah vistara sankatam itiha na me vibhagah konam hi vartulam itiha na me vibhagah jnanamritam samarasam gaganopamoham



Terms such as "long" or "short" do not apply to me.

Terms such as "broad" or "thin" do not apply to me.

Descriptions such as "angular" or "rotund" do not apply to me.

I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

22.

mata pitadi tanayadi na me kadachit jatam murtam na cha mano ne cha me kadachit nirvyakulam sthiram idam paramartha-tattvam jnanamritam samarasam gaganopamoham



No mother, father, daughter, or son ever belonged to me.

Neither birth, death, nor the mind ever belonged to me.

I'm always unwavering, always steady; I'm the absolute Reality.

I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

shuddham vishuddham avicharam ananta-rupam nirlepa-lepam avicharam ananta-rupam nishkhanda-khandam avicharam ananta-rupam jnanamritam samarasam gaganopamoham



My nature is boundless, beyond such distinctions as pure and impure.

My nature is boundless, beyond such distinctions as attached or unattached.

My nature is boundless, beyond such distinctions as divided or undivided.

I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

24.

brahmadayah sura-ganah katham atra santi swargadayo vasatayah katham atra santi yadyekarupam amalam paramartha-tattvam jnanamritam samarasam gaganopamoham



How could the god, Brahma, and all his attendants live there?

How could the city of heaven, with all its people, live there?

My only form is stainlessness; I'm the absolute Reality.

I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

nirneti neti vimalohi katham vadami nisshesha shesha vimalohi katham vadami nirlinga linga vimalohi katham vadami jnanamritam samarasam gaganopamoham



How may I speak of that stainless One who is both "this" and "not this"? How may I speak of that stainless One who is the unsupported Support of all? How may I speak of that stainless One who has no gender and yet has gender? I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

26.

nishkarma-karma paramam satatam karomi nissanga-sanga-rahitam paramam vinodam nirdeha-deha-rahitam satatam vinodam jnanamritam samarasam gaganopamoham



I'm always the Supreme, whether I'm active or inactive.
I'm the highest bliss, beyond attachment and non-attachment.
I'm everlasting bliss, beyond both forms and formlessness.
I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

maya-prapancha-rachana na cha me vikarah kautilya-dambha-rachana na cha me vikarah satyanriteti-rachana na cha me vikarah jnanamritam samarasam gaganopamoham

8

This Maya-dream of a world has no affect on me.

The crookedness and deceit of men has no affect on me.

The truth or falsehood of men's speech has no affect on me.

I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

28.

sandhadi-kala-rahitam na cha me viyogah hyantah-prabodha-rahitam badhiro na mukah evam vikalpa-rahitam na cha bhava-shuddham jnanamritam samarasam gaganopamoham



I'm beyond the distinctions of night and day; I can't be split in parts.

I never wake from within myself; I'm never not-awake.

I'm never moved by thought at all; I never try to be pure.

I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

nirnatha-natha-rahitam hi nirakulam vai nischitta-chitta-vigatam hi nirakulam vai samviddhi sarva-vigatam hi nirakulam vai jnanamritam samarasam gaganopamoham



I'm neither "the Lord," nor am I "not the Lord"; I'm the formless Self.
I'm beyond the presence or absence of the mind; I'm the formless Self.
Know well that I'm free of everything; I'm the formless Self.
I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

30.

kantara-mandiram idam hi katham vadami samsiddha-samshayam idam hi katham vadami evam nirantara-samam hi nirakulam vai jnanamritam samarasam gaganopamoham



I am a house that's empty; what may I say of that?
I do everything, and yet I do nothing; what may I say of that?
I'm always in the even state; I'm the formless Self.
I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

nirjiva-jiva-rahitam satatam vibhati nirbija-bija-rahitam satatam vibhati nirvana-bandha-rahitam satatam vibhati jnanamritam samarasam gaganopamoham



I'm beyond being a soul or not a soul; I'm forever shining forth.
I'm beyond being a cause or not a cause; I'm forever shining forth.
I'm beyond both nirvana and bondage; I'm forever shining forth.
I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

32.

sambhuti-varjitam idam satatam vibhati samsara-varjitam idam satatam vibhati samhara-varjitam idam satatam vibhati jnanamritam samarasam gaganopamoham



Unlimited by a beginning, I'm forever shining forth.

Unlimited by the continuing play, I'm forever shining forth.

Unlimited by the destruction of all, I'm forever shining forth.

I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

ullekhamatram api te na cha nama-rupam nirbhinna-bhinnam api te na hi vastu kimchit nirlajja-manasa karosi katham visadam jnanamritam samarasam gaganopamoham



Though you may be spoken of, you have neither name nor form. Whether you are divided or undivided, there's nothing here but you. O mind, O shameless, wandering mind! Why do you weary yourself so? I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

34.

kim nama rodishi sakhe na jara na murtyuh kim nama rodishi sakhe na cha jnama-duhkham kim nama rodishi sakhe na cha te vikarah jnanamritam samarasam gaganopamoham



Why do you weep and moan, my friend? There's no old age or death for you. Why do you weep and moan, my friend? There's no pain of birth for you. Why do you weep and moan, my friend? You can't be touched at all. I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

kim nama rodishi sakhe na cha te swarupam kim nama rodishi sakhe na cha te virupam kim nama rodishi sakhe na cha te vayamsi jnanamritam samarasam gaganopamoham



Why do you weep and moan, my friend? You have no form of your own. Why do you weep and moan, my friend? You cannot be deformed. Why do you weep and moan, my friend? You can never become old. I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

36.

kim nama rodishi sakhe na cha te vayamsi kim nama rodishi sakhe na cha te manamsi kim nama rodishi sakhe na taventriyani jnanamritam samarasam gaganopamoham



Why do you weep and moan, my friend? You can never lose your youth. Why do you weep and moan, my friend? You can never lose your mind. Why do you weep and moan, my friend? You have no organs of sense. I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

kim nama rodishi sakhe na cha te sti kamah kim nama rodishi sakhe na cha te pralobhah kim nama rodishi sakhe na cha te vimohah jnanamritam samarasam gaganopamoham



Why do you weep and moan, my friend? You can't be touched by lust. Why do you weep and moan, my friend? You can't be touched by greed. Why do you weep and moan, my friend? You can't be touched by infatuation. I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

38.

aishvaryam icchasi katham na cha te dhanani aishvaryam icchasi katham na cha te hi patni aishvaryam icchasi katham na cha te mameti jnanamritam samarasam gaganopamoham



How can you hanker after wealth? You have no property to support.

How can you hanker after wealth? You have no wife to feed.

How can you hanker after wealth? Nothing can be your own.

I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

linga-prapancha-janusi na cha te na me cha nirlajja-manasam idam cha vibhati bhinnam nirbheda-bheda-rahitam na cha te na me cha jnanamritam samarasam gaganopamoham



You and I are not attached to this world of ephemeral forms;
It is only the shameless mind which divides the One in parts.

Division and non-division are the same to you and me;
I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

40.

novanumatram api te hi viraga-rupam novanumatram api te hi saraga-rupam novanumatram api te hi sakama-rupam jnanamritam samarasam gaganopamoham



Your nature does not contain even a little of dispassion;
Your nature does not contain even a little of passions either.
Your nature does not contain even a little of desire;
I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

dhyata na te hi hridaye na cha te samadhih dhyanam na te hi hridaye na bahih pradeshah dhyayam na cheti hridaye na hi vastu-kalo jnanamritam samarasam gaganopamoham

68

There's no object of worship in your heart or in the state of samadhi;
There's no object of worship in your heart or in the objective world.
There's no object of worship in your heart; I'm beyond both place and time.
I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

42.

yat sarabhutam akhilam kathitam maya te na twam na me na mahato na guruh na shishyah swacchanda-rupa-sahajam paramartha-tattvam jnanamritam samarasam gaganopamoham



I've told you all that constitutes the very core of Truth;
There's no you, no me, no superior being, no disciple, and no Guru.
The nature of the supreme Reality is self-evident and simple;
I'm nectarean knowledge, unchanging bliss; I'm everywhere, like space.

<u>û</u>

katham iha paramartham tattvam ananda-rupam katham iha paramartham naivam ananda-rupam katham iha paramartham jnana-vijnana-rupam yadi param aham ekam vartate vyoma-rupam



How could the supreme Reality be of the nature of bliss?

How could the supreme Reality be devoid of bliss?

How could the supreme Reality possess either knowledge or ignorance?

If the supreme *I am* is the one Existence, It's everywhere, like space.

44.

dahana-pavana-hinam viddhi vijnanam ekam avani-jala-vihinam viddhi vijnana-rupam sama-gamana-vihinam viddhi vijnanam ekam gaganam iva vishalam viddhi vijnanam ekam



Understand that It's neither fire nor air; Realize the One!
Understand that It's neither earth nor water; Realize the One!
Understand that It neither comes nor goes; Realize the One!
Understand that It's like space, pervading everywhere; Realize the One!

na shunya-rupam na vishunya-rupam na shuddha-rupam na vishuddha-rupam rupam-virupam na bhavami kimchit swarupa-rupam paramartha tattvam



My nature is neither emptiness nor fullness.

My nature is neither pure nor impure.

I'm neither with form nor without form.

I'm the supreme Reality; my nature is uniquely my own.

46.

muncha muncha hi samsaram tyagam muncha hi sarvatha tyagatyaga-visam shuddham amritam sahajam dhruvam



Renounce, renounce the world of appearance;
Then renounce renunciation as well.
But, whether you renounce or do not renounce,
Enjoy the nectar of your natural state.

iti shri dattatreya-virachitayam avadhuta-gitayam atma-samvittyupadesha nama tritiyodhyayah



In this composition by Shri Dattatreya, called Song of The Avadhut, In this "Instruction On The Wisdom of The Self", this is the Third Chapter.



Chapter Four - Chaturthodhyayah

1.

navahanam naiva visarjanam va puspani patrani katham bhavanti dhyanani mantrani katham bhavanti samasamam chaiva shivarchanam cha



Where is the need to make offerings or prostrations?
Or to practice worship with flowers and leaves?
Why practice meditation and the repetition of mantras?
The worshipper and Shiva are one and the same.

2.

na kevalam bandha-vibandha-mukto na kevalam shuddha-vishuddha-muktah na kevalam yoga-viyoga-muktah sa vai vimukto gaganopamoham



I'm not only free of bondage and liberation; I'm not only free of purity and impurity; I'm not only free of union and separation; I'm Freedom itself; I'm everywhere, like space.

<u>û</u>

sanjayate sarvam idam hi tathyam sanjayate sarvam idam vitathyam evam vikalpo mama naiva jatah swarupa-nirvanam anamayoham



Some say, "The phenomenal world is real";
Others say, "The world is unreal."
Such arguments as these have no meaning to me;
My nature is Freedom; there's no maya to me.

4.

na sanjanam chaiva niranjanam va na chantaram vapi nirantaram va antarvibhinnam na hi me vibhati swarupa-nirvanam anamayoham



I have no faults, nor am I faultless.
I have no beginning, nor am I beginningless.
I'm not undivided, nor am I divided.
My nature is Freedom; there's no maya to me.

abodha-bodho mama naiva jato bodha-swarupam mama naiva jatam nirbodha-bodham cha katham vadami swarupa-nirvanam anamayoham



In me, ignorance and knowledge never arise; I never allow myself to experience those states. How, then, could I speak of not knowing or knowing? My nature is Freedom; there's no maya to me.

6.

na dharma-yukto na cha papa-yukto na bandha yukto na cha moksha-yuktah yuktam tvayuktam na cha me vibhati swarupa-nirvanam anamayoham



I'm not bound to righteousness; I'm not bound to sin.
I'm not bound to bondage, nor to liberation;
Neither of these affects me at all.
My nature is Freedom; there's no maya to me.

paraparam va na cha me kadachit madhyastha-bhavo hi na chari-mitram hitahitam chapi katham vadami swarupa-nirvanam anamayoham



"Inferior" and "superior" have no meaning to me.
I have no enemies, nor have I any friends;
How, then, could I speak of "the good" or "the evil"?
My nature is Freedom; there's no maya to me.

8.

nopasako naivam upasyarupam na chopadesho na cha me kriya cha samvit-swarupam cha katham vadami swarupa-nirvanam anamayoham



I'm not the worshipper nor the object of worship.

I give no words of instruction, nor do I perform any actions.

My nature is Consciousness; how, then, could I speak?

My nature is Freedom; there's no maya to me.

no vyapakam vyapyam ihasti kimchit no chalayam vapi niralayam va ashunya-shunyam cha katham vadami swarupa-nirvanam anamayoham

8

There's nothing that pervades, and nothing that's pervaded;
There is neither manifestation nor de-manifestation.
How, then, could I speak of "the Void" or its opposite?
My nature is Freedom; there's no maya to me.

10.

na grahako grahyakam eva kimchit na karanam va mama naiva karyam achintya-chintyam cha katham vadami swarupa-nirvanam anamayoham



Truly, I am neither a perceiver nor an object of perception;
I am not a cause, nor am I an effect.
How, then, shall I say that I'm "the knower" or "the known"?
My nature is Freedom; there's no maya to me.

na bhedakam vapi na chaiva bhedyam na vedakam mama naiva vedyam gatagatam tata katham vadami swarupa-nirvanam anamayoham

8

There's no superimposer and nothing superimposed;
I am neither "the knower" nor "the object of knowledge."
How, then, could I speak of creation or dissolution?
My nature is Freedom; there's no maya to me.

12.

na chasti deho na cha me videho buddhir mano me na hi chentriyani rago viragas cha katham vadami swarupa-nirvanam anamayoham



I have no body, nor am I without bodies; I have neither intellect, nor mind, nor senses. How, then, could I speak of attraction or repulsion? My nature is Freedom; there's no maya to me. ullekha-matram na hi bhinnam ucchaih ullekha-matram na tirohitam vai samasamam mitra katham vadami swarupa-nirvanam anamayoham



One can't even speak of something separate from the Self; One cannot speak of what doesn't exist. How, then, can I speak, friend, of "similar" or "dissimilar"? My nature is Freedom; there's no maya to me.

14.

jitendriyoham tvajitendriyo va na samyamo me niyamo na jatah jayajayam mitra katham vadami swarupa-nirvanam anamayoham



I'm neither free of, nor bound by, the senses;
I follow no rules of "should" or "shouldn't."
How, then, can I speak, friend, of "success" or of "failure"?
My nature is Freedom; there's no maya to me.

amurta-murtih na cha me kadachit adyanta-madhyam na cha me kadachit balabalam mitra katham vadami swarupa-nirvanam anamayoham



I've never been either formless or with form;
I've never had a beginning, middle, or end.
How, then, can I speak, friend, of "youth" or of "old-age"?
My nature is Freedom; there's no maya to me.

16.

murtamurtam vapi vishavisham cha sanjayate tata na me kadachit ashuddha-shuddham cha katham vadami swarupa-nirvanam anamayoham



I've never experienced death or deathlessness, nor evil or good;
None of these opposites exist in me, my child.
How, then, can I speak of "impurity" or "purity"?
My nature is Freedom; there's no maya to me.

swapnah-prabodho na cha yoga-mudra naktam diva vapi na me kadachit aturya-turyam cha katham vadami swarupa-nirvanam anamayoham



I never experience sleeping, waking, or the deep yogic trance;
To me, there is neither night-time nor day.
How, then, can I speak of the four states of the mind?
My nature is Freedom; there's no maya to me.

18.

samviddhi mam sarva-visarva-muktam maya-vimaya na cha me kadachit sandhyadikam karma katham vadami swarupa-nirvanam anamayoham



Know well that I'm unaffected by the appearance or non-appearance of the world;
To me, there is neither maya nor its absence.
How, then, can I speak of the performance of right actions?
My nature is Freedom; there's no maya to me.

samviddhi mam sarva-samdahi-yuktam samviddhi mam lakshya-vilakshya muktam yogam viyogam cha katham vadami swarupa-nirvanam anamayoham



Know well that, in samadhi, all things are One;
Know also that I'm unaffected by the attainment or
non-attainment of samadhi.
How, then, can I speak of union or separation?
My nature is Freedom; there's no maya to me.

20.

murkhopi naham na cha panditoham maunam vimaunam na cha me kadachit tarkam vitarkam cha katham vadami swarupa-nirvanam anamayoham



I'm not unlearned, nor am I learned; I don't remain silent, nor do I say anything. How, then, can I speak of true or false doctrines? My nature is Freedom; there's no maya to me. pita cha mata cha kulam na jatih janmadi murtyur na cha me kadachit sneham vimoham cha katham vadami swarupa-nirvanam anamayoham



I have no father or mother; I have no family or caste; I've never known birth, and I've never known death. How, then, can I speak of affection or attachment?

My nature is Freedom; there's no maya to me.

22.

astam gato naiva sadoditoham tejo-vitejo na cha me kadachit sandhyadikam karma katham vadami swarupa-nirvanam anamayoham



My awareness of the Self is constant; I never abandon it; So I'm never affected by darkness or light. How, then, can I speak of my morning or evening prayers? My nature is Freedom; there's no maya to me. asamshayam viddhi nirakulam mam asamshayam viddhi nirantaram mam asamshayam viddhi niranjanam mam swarupa-nirvanam anamayoham



Know, without any doubt, that I'm limitless.
Know, without any doubt, that I'm changeless.
Know, without any doubt, that no stains can touch me.
My nature is Freedom; there's no maya to me.

24.

dhyanani sarvani parityajanti shubhashubham karma parityajanti tyagamurtam tata pibanti dhirah swarupa-nirvanam anamayoham



Those who possess strong determination renounce meditation;
They renounce all their good works as well as their bad.
The nectar of renunciation they drink to their fill.
My nature is Freedom; there's no maya to me.

vindati vindati na hi na hi yatra chando-lakshanam na hi na hi tatra samarasa-magno bhavita-putah pralapati tattvam param avadhutah



In that state where one knows nothing at all,
This versified knowledge doesn't even exist.
So, now, while I'm in the state of *samarasa*,
I, the Avadhut, have spoken of the supreme Absolute.

iti shri dattatreya-virachitayam avadhuta-gitayam swami-kartika-samvade swatma-samvittyupadeshe swarupa-nirnaya nama chaturthodhyayah



In this composition by Shri Dattatreya, called Song of The Avadhut, In this dialogue between the Swami and Kartika, entitled "Instruction On The Wisdom of The Self", This is the Fourth Chapter, called "The Declaration of My Nature."



Chapter Five - Panchamodhyayah

1.

aum iti gaditam gagana-samam tanna parapara-sara-vichara iti avilasa-vilasa-nirakaranam kathamaksara-bindu-samuccharanam



AUM pervades everything, equally, like space; ¹¹ Within It, there are no distinctions such as "high" and "low." The formless Unmanifest manifests as form; How else could the Imperishable show forth Its Light?

2.

iti tat twam asi-prabhriti-shrutibhih pratipaditam atmani tattvam asi twam upadhi-vivarjita-sarva-sammam kim u rodishi manasi sarva-samam



"Thou art That," the scriptures proclaim;
"Thou art That," one's own Self affirms.

You are beyond all diversification, the same Self in all.

Why lament, then, O mind? I'm the same Self in all.

atha urdhva-vivarjita-sarva-samam bahirantara-varjita-sarva-samam yadichaikavivarjita sarva-samam kim u rodishi manasi sarva-samam



Beyond "high" and "low," I'm the same Self in all. Beyond "inner" and "outer," I'm the same Self in all. If there is only the One, I'm the same Self in all; Why lament, then, O mind? I'm the same Self in all.

4.

nahi kalpita-kalpa-vichara iti nahi karana-karya-vichara iti pada-sandhi-vivarjita sarva-samam kim u rodishi manasi sarva-samam



There's no real distinction between the Imaginer and the imagination;
There's no real distinction between the Cause and Its effect.

A poem and its words are one and the same;
Why lament, then, O mind? I'm the same Self in all.

nahi bodha-vibodha-samadhir iti nahi desha-videsha-samadhir iti nahi kala-vikala-samadhir iti kim u rodishi manasi sarva-samam



There's no knowledge and no ignorance in the experience of Unity;
There's no near and no far in the experience of Unity;
There's no time and no eternity in the experience of Unity;
Why lament, then, O mind? I'm the same Self in all.

6.

nahi kumbha-nabho nahi kumbha iti na hi jiva-vapuh na hi jiva iti na hi karana-karya-vibhaga iti kim u rodishi manasi sarva-samam



There's no space in the jar, or even a jar; There's no container of the soul, or even a soul. There's no separation between Cause and effect; Why lament, then, O mind? I'm the same Self in all.

iha sarva-nirantara-moksha-padam laghy-dirgha-vichara-vihina iti na hi vartula-kona-vibhaga iti kim u rodishi manasi sarva-samam



Here, in the realm of Unity, everyone is eternally free;
A "short time" and a "long time" have no meaning here.
Here, no distinction such as "fat" or "thin" exists;
Why lament, then, O mind? I'm the same Self in all.

8.

iha shunya-vishunya-vihina iti iha shuddha-vishuddha vihina iti iha sarva-visarva vihina iti kim u rodishi manasi sarva-samam



Here is neither Emptiness nor fullness;
Here is neither purity nor impurity.
Here is neither the All nor its absence;
Why lament, then, O mind? I'm the same Self in all.

nahi bhinna-vibhinna vichara iti bahir-antara-sandhi vichara iti ari-mitra-vivarjita sarva-samam kim u rodishi manasi sarva-samam



There's no distinction such as "divided" or "undivided";
There's no distinction such as "within" or "without";
Beyond the distinction of "enemy" or "friend," I'm the same Self in all.
Why lament, then, O mind? I'm the same Self in all.

10.

na hi shishya-vishishya swarupa iti na charachara-bheda vichara iti iha sarva-nirantara moksha-padam kim u rodishi manasi sarva-samam



There's no disciple or non-disciple in the one Reality; There's no one evolving, and no one not-evolving; Here, in the state of Unity, everyone is eternally free. Why lament, then, O mind? I'm the same Self in all.

nanu rupa-virupa vihina iti nanu bhinna-vibhinna vihina iti nanu sarga-visarga vihina iti kim u rodishi manasi sarva-samam



The Self is beyond form and formlessness, is It not?
It is beyond division and non-division, is It not?
It is beyond creation and the absence of creation, is It not?
Why lament, then, O mind? I'm the same Self in all.

12.

na gunaguna-pasa nibandha iti murta-jivana-karma-karomi katham iti shuddha-niranjana sarva samam kim u rodishi manasi sarva-samam



Neither the *gunas* nor anything else can bind me; How could I be bound by actions in this life or in the after-life? I'm the pure, stainless Self, the same within all; Why lament, then, O mind? I'm the same Self in all.

iha bhava-vibhava vihina iti iha kama-vikama vihina iti iha bodhatamam khalu moksha-samam kim u rodishi manasi sarva-samam



Here is neither existence nor non-existence;
Here is neither desire nor desirelessness;
Here, the wisdom that's learned is freedom and equality.
Why lament, then, O mind? I'm the same Self in all.

14.

iha tattva-virantara tattvam iti na hi sandhi-visandhi vihina iti yadi sarva-vivarjita sarva-samam kim u rodishi manasi sarva-samam



Here, Reality is not divided into sub-realities (tattvas);
Here is neither union nor separation.
Even if everything disappears, I'm the same Self in all.
Why lament, then, O mind? I'm the same Self in all.

aniketa-kuti parivara-samam iha sanga-visanga vihina-param iha bodha-vibodha vihina-param kim u rodishi manasi sarva-samam



I'm not a vessel, a temple, a house, or a sheath;
Here, without association or dissociation, I am the supreme Reality.
Here, without knowledge or ignorance, I am the supreme Reality;
Why lament, then, O mind? I'm the same Self in all.

16.

avikara-vikaram asatyam iti avilaksya-vilaksyam asatyam iti yadi kevalam atmani satyam iti kim u rodishi manasi sarva-samam



Unchanging? Changing? Neither is the truth.
Purposeless? Purposeful? Neither is the truth.
If only the Self is perceived: that is the truth.
Why lament, then, O mind? I'm the same Self in all.

iha sarva tamam khalu jiva iti iha sarva-nirantara-jiva iti iha kevala-nishchala-jiva iti kim u rodishi manasi sarva-samam



Here, everyone is the same conscious Soul;
Here, everyone is the one eternal Soul.
Here, only the one undivided Soul exists;
Why lament, then, O mind? I'm the same Self in all.

18.

aviveka-vivekam abodha iti avikalpa-vikalpam abodha iti yadi chaikanirantara-bodha iti kim u rodishi manasi sarva-samam



Indiscrimination? Discrimination? This is ignorance.
Mindlessness? Mindfulness? This is ignorance.
If only the eternal One is seen: that is knowledge.
Why lament, then, O mind? I'm the same Self in all.

na hi moksha-padam nahi bandha-padam na hi punya-padam nahi papa-padam na hi purna-padam nahi rikta-padam kim u rodishi manasi sarva-samam



There's no state of liberation and no state of bondage;
There's no state of virtue, and no state of sin.
There's no state of perfection and no state of imperfection;
Why lament, then, O mind? I'm the same Self in all.

20.

yadi varna-vivarna vihina samam yadi karana-karya vihina samam yadi bheda-vibheda vihina samam kim u rodishi manasi sarva-samam



If I'm always the same, beyond caste and castelessness; If I'm always the same, beyond cause and effect; If I'm always the same, beyond division and non-division; Why lament, then, O mind? I'm the same Self in all. iha sarva-nirantara sarva-chite iha kevala-nishchala sarva-chite dvipadadi vivarjita sarva-chite kim u rodishi manasi sarva-samam



Here, everything is eternal; everything is Consciousness.
Here, only the Immutable exists; everything is Consciousness.
Without any exception, everything is Consciousness.
Why lament, then, O mind? I'm the same Self in all.

22.

yadi sarva nirantara sarva-gatam yadi nirmala-nishchala sarva-gatam dina-ratri vivarjita sarva-gatam kim u rodishi manasi sarva-samam



If everything is eternal, everything is myself.

If only the Stainless, the Immutable, exists, everything is myself.

Whether daytime or night-time, everything is myself;

Why lament, then, O mind? I'm the same Self in all.

na hi bandha-vibandha samagamanam na hi yoga-viyoga samagamanam na hi tarka-vitarka samagamanam kim u rodishi manasi sarva-samam



I'm neither in bondage nor in freedom; I'm always the same.
I'm neither united nor separated; I'm always the same.
I possess neither knowledge nor ignorance; I'm always the same.
Why lament, then, O mind? I'm the same Self in all.

24.

iha kala-vikala nirakaranam anu-matra krisanu-nirakaranam na hi kevala-satya nirakaranam kim u rodishi manasi sarva-samam



Here, time and timelessness cease to exist.

Here, atoms and particles cease to exist.

Only the absolute Reality never ceases to exist.

Why lament, then, O mind? I'm the same Self in all.

iha deha-videha vihina iti nanu swapna-susupti vihina-param abhidhana vidhana vihina-param kim u rodishi manasi sarva-samam



Here is no difference between embodied and bodiless;
To the Supreme, the subtle and gross states are the same.
The Supreme is the same whether It's named or unnamed;
Why lament, then, O mind? I'm the same Self in all.

26.

gaganopama-shuddha vishala-samam api sarva-vivarjita sarva-samam gata-sara-visara vikara-samam kim u rodishi manasi sarva-samam



The one Purity, like space, is equally in all;
Transcending all forms, I'm the same Self in all.
Whether there are forms or no forms, the Essence remains the same;
Why lament, then, O mind? I'm the same Self in all.

iha dharma-vidharma viraga taram iha vastu-vivastu viraga taram iha kama-vikama viraga taram kim u rodishi manasi sarva-samam



Here, I'm unattracted to either virtue or vice; Here, I'm unattracted to either form or formlessness. Here, I'm unattracted to either dispassion or desire; Why lament, then, O mind? I'm the same Self in all.

28.

sukha-duhkha vivarjita sarva-samam iha shoka-vishoka vihina-param guru-shishya vivarjita tattva-param kim u rodishi manasi sarva-samam



Beyond pleasure and pain, I'm the same Self in all;
Here, neither sorrow nor gladness exists.
In the supreme Reality, there is neither Guru nor disciple;
Why lament, then, O mind? I'm the same Self in all.

na kilankura-sara-visara iti na chalachala samya-visamyam iti avichara-vichara vihinam iti kim u rodishi manasi sarva-samam



The Self is neither substantial nor insubstantial; It is neither identical, nor not identical, to the world. It's beyond both enquiry and abstention from enquiry; Why lament, then, O mind? I'm the same Self in all.

30.

iha sara-samucchaya saram iti kathitam nijabhava vibheda iti visaye karanatvam asatyam iti kim u rodishi manasi sarva-samam



This [Self] is the underlying Essence of every substance; So how can you find distinctions in the one Existence? There is no object of perception outside of Itself; Why lament, then, O mind? I'm the same Self in all.

<u>î</u>

bahudha shrutayah pravadanti yato viyadadir idam murgatoya-samam yadi chaikanirantara sarva-samam kim u rodishi manasi sarvasamam



In many eloquent ways, the scriptures have said, "This observable world's like a desert mirage."

If there's only the eternal One, I'm the same Self in all. Why lament, then, O mind? I'm the same Self in all.

32.

vindati vindati na hi na hi yatra chando-lakshanam na hi na hi tatra samarasa-magno bhavitaputah pralapati tattvam param avadhutah



In that state where one knows nothing at all, This versified knowledge does not even exist. So, now, while I'm in the state of *samarasa*,

I, the Avadhut, have spoken of the supreme Absolute.

iti shri dattatreya virachitayam avadhuta-gitayam swami-kartika samvade atma-samvittiyupadeshe sama-drishti-kathanam nama panchamodhyayah



In this Song of The Avadhut, composed by Dattatreya,
In this discourse between Swami and Kartika,
entitled "Instruction On The Wisdom of The Self",
This is the Fifth Chapter, called
"Revelations of Equality."



Chapter Six - Sastodhyayah

1.

bahudha shrutayah pravadanti vayam viyadadir idam murga-toya samam yadi chaika-nirantara-sarva-shivam upameyam atho hyupama cha katham



In many eloquent ways the scriptures have said, "This observable world's like a desert mirage."

If there's only the limitless One, all is Shiva.

How, then, and to what, could the Self be compared?

2.

avibhakti-vibhakti vihina-param nanu karya-vikarya vihina-param yadi chaika-nirantara sarva-shivam yajanam cha katham tapanam cha katham



In the Supreme there is neither division nor non-division; In the Supreme there is neither activity nor inactivity. If there's only the limitless One, all is Shiva. What, then, is the need of austerities and rites?

<u>î</u>

mana eva nirantara sarva-gatam hyavishala-vishala vihina param mana eva nirantara sarva-shivam manasapi katham vachasa cha katham



The one Mind is infinite; It pervades everything.
In the Supreme there is neither "without" nor "within."
The one Mind is, indeed, limitless; all is Shiva.
How, then, could Shiva be defined in thought or in speech?

4.

dina-ratri vibheda nirakaranam uditanuditasya nirakaranam yadi chaika-nirantara sarva-shivam ravi-chandram asau jvalanash cha katham



There's no distinction between day and night;
There's no distinction between dawn and dusk.
If there's only the limitless One, all is Shiva.
What's the difference if the Sun or the Moon shines?

gata-kama-vikama vibheda iti gata-cheshta-vicheshta vibheda iti yadi chaika-nirantara sarva-shivam bahir-antara bhinna-matis cha katham



It's beyond the duality of desire and desirelessness;
It's beyond the duality of action and non-action.
If there's only the limitless One, all is Shiva.
What, then, may be considered "without" or "within"?

6.

yadi sara-visara vihina iti yadi shunya-vishunya vihina iti yadi chaika-nirantara sarva-shivam prathamam cha katham charamam cha katham



If it's neither with substance nor without substance,
If It's neither a Void nor a non-Void,
If there's only the limitless One, all is Shiva.
How, then, could there be a beginning or an end?

yadi bheda-vibheda nirakaranam yadi vedaka-vedya nirakaranam yadi chaika-nirantara sarva-shivam tritayam cha katham turiyam cha katham



If there's no distinction between division and non-division,
If there's no distinction between the knower and the known,
If there's only the limitless One, all is Shiva.
What, then, is the third mental state, and what is the fourth?

8.

gaditaviditam na hi satyam iti viditaviditam na hi satyam iti yadi chaikanirantara sarva-shivam vishayendriya buddhi manamsi katham



What can be spoken of is not the Reality;
Neither what can be spoken of nor what cannot be spoken of is the Reality.
If there is only the limitless One, all is Shiva.
How, then, can there be objects, or senses, the intellect or the mind?

gaganam pavano nahi satyam iti dharani-dahano na hi satyam iti yadi chaika-nirantara sarva-shivam jaladash cha katham salilam cha katham



Neither space nor air is the Reality;
Neither earth nor fire is the Reality.
If there's only the limitless One, all is Shiva.
Which, then, is the cloud and which is the rain? 12

10.

yadi kalpita-loka nirakaranam yadi kalpita-deva nirakaranam yadi chaika-nirantara sarva-shivam guna-dosha vichara matis cha katham



If there's no distinction between a thought-image and the world,
If there's no distinction between a thought-image and the gods,
If there's only the limitless One, all is Shiva.
How, then, could there be a distinction between the Real and the unreal?

maranamaranam hi nirakaranam karanakaranam hi nirakaranam yadi chaika-nirantara sarva-shivam gamanagamanam hi katham vadati



There's no distinction between the living and the dead; There's no distinction between alike and different. If there's only the limitless One, all is Shiva. How, then, could one speak of going or coming?

12.

prakritih purusho na hi bheda iti na hi karana-karya vibheda iti yadi chaika-nirantara sarva-shivam purushapurusham cha katham vadati



There isn't any difference between Prakriti and Purusha; ¹³
There isn't any difference between Cause and effect.
If there's only the limitless One, all is Shiva.
How, then, could one speak of Purusha (the Self) or not-Purusha?

tritiyam na hi duhkha samagamanam na gunad dvitiyasya samagamanam yadi chaika-nirantara sarva-shivam sthaviras cha yuva cha shishus cha katham



There is no childhood — the "third stage" of misery;
There is no infancy — the "second binding rope."
If there's only the limitless One, all is Shiva.
How, then, can there be old age, infancy, or childhood?

14.

nanu ashrama-varna vihina-param nanu karana-kartir vihina-param yadi chaika-nirantara sarva-shivam avinashta-vinashta matis cha katham



Is it not true that there are no life-stages or castes?
Is it not true that there are no causes or effects?
If there's only the limitless One, all is Shiva.
How, then, can one distinguish between the perishable and the Imperishable?

grasitagrasitam cha vitathyam iti janitajanitam cha vitathyam iti yadi chaika-nirantara sarva-shivam avinashi vinashi katham hi bhavet



It's futile to distinguish between the perishing and the Imperishable; It's futile to distinguish between the created and the Uncreated.

If there's only the limitless One, all is Shiva.

How, then, can there be an Imperishable and a perishable?

16.

purusha purushasya vinashtam iti vanitavanitasya vinashtam iti yadi chaika-nirantara sarva-shivam avinoda-vinoda matis cha katham



The "male principle" (*Purusha*) and his consort do not exist;
The "female principle" (*Prakriti*) and her consort do not exist.

If there's only the limitless One, all is Shiva.

How, then, could such a relationship exist?

yadi moha-visada vihina paro yadi samsaya-soka vihina parah yadi chaika-nirantara sarva-shivam aham eti mameti katham cha punah



If neither desire nor repulsion exist within the female principle, If neither pleasure nor pain exist within the male principle, If there's only the limitless One, all is Shiva. How, then, does this sense of "I" and "mine" arise?

18.

nanu dharma-vidharma vinasha iti nanu bandha-vibandha vinasha iti yadi chaika-nirantara sarva-shivam iha duhkha-viduhkha matis cha katham



Neither righteousness nor unrighteousness exist; right?

Neither bondage nor liberation exist; right?

If there's only the limitless One, all is Shiva.

How, then, does the thought of sorrow or happiness arise here?

na hi yajnika-yajna vibhaga iti na hutashana-vastu vibhaga iti yadi chaika-nirantara sarva-shivam vada karma-phalani bhavanti katham



There is no distinction between the Giver and the gift;
There is no distinction between the Receiver of the sacrifice and the sacrifice.

If there's only the limitless One, all is Shiva.

How, then, could there be rewards for one's actions?

20.

nanu shoka-vishoka vimukta iti nanu darpa-vidarpa vimukta iti yadi chaika-nirantara sarva-shivam nanu raga-viraga matis cha katham



The Self is free of both sorrow and pleasure, is It not?
The Self is free of both humility and pride, is It not?
If there's only the limitless One, all is Shiva.
How, then, does the thought of attachment or non-attachment arise?

na hi moha-vimoha vikara iti na hi lobha-vilobha vikara iti yadi chaika-nirantara sarva-shivam hyaviveka-viveka matis cha katham



In the Self neither delusion nor non-delusion arises;
In the Self neither desire nor desirelessness arises.
If there's only the limitless One, all is Shiva.
How can you think there is such a thing as indiscrimination or discrimination?

22.

twam aham na hi hanta kadachid api kula-jati vicharam asatyam iti aham eva shivah paramartha iti abhivadanam atra karomi katham



Look, there's never even been a you or an I;
All talk about family or caste is untrue.
Truly, I'm Shiva, the one supreme Self.
How, then, should I worship? To whom should I bow?

guru-shishya vichara vishirna iti upadesha vichara vishirna iti aham eva shivah paramartha iti abhivadanam atra karomi katham



The distinction between Guru and disciple proves illusory;
The Guru's instruction proves illusory as well.
Truly, I'm Shiva, the one supreme Self.
How, then, should I worship? To whom should I bow?

24.

na hi kalpita deha vibhaga iti na hi kalpita loka vibhaga iti aham eva shivah paramartha iti abhivadanam atra karomi katham



The division between bodies is only imagined;
The division between places is only imagined.
Truly, I'm Shiva, the one supreme Self.
How, then, should I worship? To whom should I bow?

sarajo virajo na kadachid api nanu nirmala-nishchala shuddha iti aham eva shivah paramartha iti abhivadanam atra karomi katham



There has never been any activity or rest;
The one Purity is stainless and motionless, is It not?
Truly, I'm Shiva, the one supreme Self.
How, then, should I worship? To whom should I bow?

26.

na hi deha-videha vikalpa iti anritam cha ritam na hi satyam iti aham eva shivah paramartha iti abhivadanam atra karomi katham



There is no distinction between "embodied" and "bodiless";

"Wrong action," "right action" — neither exists.

Truly, I'm Shiva, the one supreme Self.

How, then, should I worship? To whom should I bow?

vindati vindati nahi nahi yatra chando-lakshanam nahi nahi tatra samarasa-magno bhavita-putah pralapati tattvam param avadhutah

8

In that state where one knows nothing at all,
This versified knowledge doesn't even exist.
So, now, while I'm in the state of *samarasa*,
I, the Avadhut, have spoken of the supreme Absolute.

iti shri dattatreya virachitayam avadhutagitaya swami-kartika samvade swatma-samvittyupadeshe moksha-nirnavo nama sasto dhyayah

68

In this Song of The Avadhut, composed by Shri Dattatreya,
In this dialogue between Swami and Kartika,
called "Instruction On The Wisdom of The Self",
This is the Sixth Chapter, entitled
"The Ascertainment of Liberation."



Chapter Seven - Saptamo adhyayah

1.

rathya-karpata virachita kanthah punyapunya vivarjita panthah shunyagare tishati nagno shuddha niranjana samarasa magnah



A patched rag from the roadside serves as a shawl To the Avadhut, who has no sense of pride or shame. Naked, he sits in an empty shack, Immersed in the pure, stainless bliss of the Self.

2.

laksyalaksya vivarjita laksyo yuktayukta vivarjita daksah kevala tattva niranjana putah vadavivadah katham avadhutah



His attainment is beyond attaining or non-attaining; His state is beyond that of union or separation; He's continually established in the one stainless Reality. How can the Avadhut either speak or not speak?

asha-pasha vibandhana muktah shauchachara vivarjita yuktah evam sarva vivarjita shantah tattvam shuddha niranjanavantah



Free from bondage to the fetters of hope, Free from the yoke of acceptable conduct, Free from everything, he's thus attained peace. He is the stainless One, the pure Absolute.

4.

katham iha deha-videha vicharah katham iha raga-viraga vicharah nirmala nischala gaganakaram swayam iha tattvam sahajakaram



For him, where is the question of being embodied or bodiless?
Where is the question of attachment or non-attachment?
Pure and unpartitioned as the infinite sky,
He is, Himself, the Reality in Its natural form.

katham iha tattvam vindati yatra rupam arupam katham iha tatra gaganakarah paramo yatra vishayikaranam katham iha tatra



Where the Self is, how can there be any knowledge? How can there be either forms or the absence of forms? Where there is the Supreme, infinite as the sky, How can there be any differentiation of objects?

6.

gaganakara nirantara hamsah tattva vishuddha niranjana hamsah evam katham iha bhinna-vibhinnam bandha-vibandha vikara vibhinnam



The Self is undifferentiated, like the formless sky;
The Self is the pure and stainless Reality.

For Him, how can there be difference or non-difference,
Bondage or liberation, division or change?

<u>û</u>

kevala tattva nirantara sarvam yoga-viyogau katham iha garvam evam parama nirantara sarvam evam katham iha sara-visaram



There is but one Reality: the undifferentiated All.

How, then, could there be union, separation, or pride of attainment here?

He is the Supreme, the undifferentiated All;

Here, how could there be any substance or non-substance?

8.

kevala tattva niranjana sarvam gaganakara nirantara shuddham evam katham iha sanga-visangam satyam katham iha ranga-virangam



Only the stainless, all-inclusive Reality exists;
It is a clear, pure, and continuous Sky.
Here, how could association or dissociation occur?
In the one Reality, how could there be any relationship or severance of relationship?

yoga-viyogai rahito yogi bhoga-vibhogaih rahito bhogi evam charita hi mandam mandam manasa kalpita sahajanandam

8

As a *yogi*, he is beyond union and separation;
As a *bhogi* (enjoyer), he is beyond enjoyment and non-enjoyment.
Thus, he wanders leisurely, leisurely,
While in his mind arises the natural bliss of the Self.

10.

bodha-vibodhaih satatam yukto dvaitadvaitaih katham iha muktah sahajo virajah katham iha yogi shuddha niranjana samarasa bhogi



How does one who is continuously bound here by knowledge and ignorance
Become free of both duality and non-duality?
How does a yogi here become natural and desireless?
By becoming aware that he's the stainless Purity,
the enjoyer of unchanging bliss.

bhagnabhagna vivarjita bhagno lagnalagna vivarjita lagnah evam katham iha sara-visarah samarasa tattvam gaganakarah



The Destroyer is beyond destruction and non-destruction;
The Sustainer is beyond sustaining and non-sustaining. 14
Indeed, how could substance or the dissolution of substance exist here?
The Reality is unchanging, like the formless sky.

12.

satatam sarva vivarjita yuktah sarvam tattva vivarjita muktah evam katham iha jivita maranam dhyanadhyanaih katham iha karanam



Continuously united with, yet free from, everything, The liberated are beyond all manifestation (*tattvas*). Indeed, how could there be any birth or death here? How can one here meditate on either forms or formlessness?

indrajalam idam sarvam yatha maru-marichika akhanditam anakara vartate kevalah shivah



All this [world] is conjured by magic; It's only the water of a desert mirage. Beyond all differences, beyond all forms, Truly, there is only Shiva alone.

14.

dharmadau moksha paryantam nirahah sarvatha vayam katham raga-viragaish cha kalpayanti vipashchitah



We're completely oblivious to everything —
From the performance of duties to the attainment of liberation.
How, then, could those who profess wisdom imagine
That we possess either attachment or non-attachment?

vindati vindati na hi na hi yatra chando-laksanam na hi na hi tatra samarasa magno bhavita putah pralapati tattvam param avadhutah



In that state where one knows nothing at all,
This versified knowledge doesn't even exist.
So, now, while I'm in the state of *samarasa*,
I, the Avadhut, have spoken of the supreme Absolute.

iti shri dattatreyavirachitayam avadhuta-gitayam swami-kartika samvade swatma-samvittyupadeshe saptamo adhyayah



In this Song of The Avadhut, composed by Shri Dattatreya, In this dialogue between Swami and Kartika, called "Instruction On The Wisdom of The Self", This is the Seventh Chapter.



NOTES

Clicking on the number in front of the note will take you to that verse in the text.

- 1. I.8. Since Brahman, the Self, is forever beyond the activities of Maya, neither actions nor the results of actions (*karma*) may be said to affect the Self.
- 2. I.11. The words, "day" and "night" are used here to convey multiple meanings: they may signify the *day* of universal manifestation and the *night* of dissolution; or simply the diurnal alternation of daylight and darkness. The Avadhut makes the point that these alternations do not affect Brahman; the Self is always, one, always the same, regardless of the appearance or disappearance of the world.
- 3. I.25. In the Vedantic scriptures, the phrase, *Tat tvam asi* ("That thou art"), refers to Brahman, the Absolute. The equally oft-used phrase, *neti neti* ("Not this, not this"), refers to the world of appearance (*Maya*), made up, according to Vedantic cosmology, of the five basic elements: fire, water, earth, air, and aether.
- 4. I.43. The author denies the existence of any fundamental reality other than the Absolute, Brahman. *Maya*, while it appears to exist, does not. There is no second, no accompanying shadow, attached to Brahman. It is Brahman, Itself, which appears as the world; and while *Maya* is a term used to signify the world-appearance, it must not be accorded an independent status as a reality in itself, in addition to Brahman.
- 5. I.49. The various states of consciousness according to traditional Vedantic psychology, take place in the four interrelated bodies: waking consciousness in the gross body, dreaming in the subtle (astral) body, deep sleep in the causal body, and samadhi in the supra-causal body. Since all these bodies are the products of *Maya*, which is but

- appearance, the four states of consciousness are also merely illusory possessing no eternal reality.
- 6. I.51. *Prakriti* and *Purusha* are synonymous with *Maya* and *Brahman*, or *Shakti* and *Shiva*. Prakriti is but the manifested appearance of Purusha; they are therefore the same, like water and ice. Matter is but the appearance of Spirit; the distinction between them is ultimately illusory.
- 1.59. Maya, the world-appearance, consists, according to Vedantic tradition, of three modes of the same energy, by which it brings about the manifestation of all forms. These are the *gunas*, or "strands" which make up the entire fabric of nature. One is a positive, or active, mode of energy, called *rajas*; another is a negative, or inhibiting, mode of energy, called *tamas*; and the third is a neutral or balancing, mode of energy, called *sattva*. These are the three energy-modes of Maya; but Brahman, i.e., the Self, is entirely unaffected by the play of these *gunas*. It is *nirguna*, beyond the gunas.
- 8. I.66. See Note 1.
- 9. I.75. "In that state where one knows nothing at all" refers to that awareness of the Self in which all mental activity has ceased. Obviously, the author could not have written this Song in that state of awareness; but now, as he says, he is in the state of samarasa (literally, "same taste"), a peripheral state of equilibrium in which he retains the awareness of the Self, while mentally perceptive of the world as his own manifestation. It is while in this state that he has written this Song.
- 10. III.20. "The three kinds of time" refers to past, present, and future. Brahman is entirely beyond space and time, and may not be regarded, therefore, as existing in any kind of time.
- 11. V.1. AUM is said to be the primeval sound (the Word, or *Logos*), and

is synonymous with Maya, Brahman's creative Power of manifestation. AUM, like Maya, is therefore ultimately identical with Brahman, and has no existence independent of Brahman.

- 12. VI.9. The "cloud" and the "rain" are used here as metaphors to represent the artificial division between the Creator and the created, between Brahman and Maya, Shiva and Shakti, the Eternal and Its appearance.
- 13. VI.12. See Note 5.
- 14. VII.11. Brahman, the Absolute, is traditionally represented as having three aspects: The Creator (Brahma), the Sustainer (Vishnu), and the Destroyer (Shiva). This refers to the cyclic appearance, sustained life, and disappearance of the phenomenal universe. But, says the Avadhut, all these abstractions are only Brahman; and since nothing other than Brahman Itself exists, nothing is actually created, nothing destroyed.

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About The Translator

Swami Abhayananda was born Stan Trout in Indianapolis, Indiana on August 14, 1938. After service in the Navy, he settled in northern California, where he pursued his studies in philosophy and literature. In June of 1966 he became acquainted with the philosophy of mysticism, and experienced a strong desire to realize God. Abandoning all other pursuits, he retired to a solitary life in a secluded cabin in the mountain forests near Santa Cruz, California; and, in November of that same year became enlightened by the grace of God.

He spent four more years in his isolated cabin, and subsequently met Swami Muktananda who visited Santa Cruz in 1970. Shortly thereafter, he joined Muktananda in India, as his disciple; and later lived and worked in Muktananda's Oakland, California ashram, where, in 1977, he translated *The Song of The Avadhut*. In May of 1978, he returned to India and was initiated by his master into the ancient Saraswati order of monks, and was given the monastic name of Swami Abhayananda, "the bliss of fearlessness."

For the next few years he taught meditation in various cities, but in 1981 he left Muktananda's organization, and went into retreat once again, writing *The Supreme Self*, and *History of Mysticism*. At present, Swami Abhayananda resides on the Treasure Coast of Florida, where he continues to teach, write, and publish his works on the knowledge of the Self.



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